Swift's Premium ProTen* BEEF

READY and GRILLING!

FOR COOK-OUT EATING

Appetites away! Treat yourself to the delicious reward of these great steaks... All fired up and rarin' to go... JUST ADD PEOPLE AND SERVE!

SWIFT PREMIUM Proten SIRLOIN, T-BONE or CLUB $1.59 lb.

SWIFT PREMIUM Proten PORTERHOUSE STEAK $1.65 lb.

SWIFT PREMIUM Proten ROUND STEAK FULL CUT Bone-In $1.49 lb.

ARMOUR STAR CANNED HAMS 3-lb. CAN $4.29

VALLEYDALE SLICED BACON 12-OZ. PKG. 95¢

SHOP OUR MEAT DEPT. EVERYDAY and SAVE!

SWIFT PREMIUM PROTEN STEAK BONELESS TOP ROUND or MANHATTEN BROIL	lb.	$1.79
SWIFT PREMIUM PROTEN SIRLOIN TIP or RUMP ROAST	lb.	$1.65
SWIFT PREMIUM PROTEN ESSEX BROIL STEAK	lb.	$1.69
SWIFT PREMIUM PROTEN GROUND ROUND	lb.	$1.29
TENDER TASTY BEEF LIVER	lb.	89¢
JAMESTOWN SAUSAGE	lb.	89¢
VALLEYDALE FRANKS 12-OZ. PKG.		79¢
VALLEYDALE BOLOGNA 12-OZ. PKG.		79¢
SWIFT PREMIUM PROTEN CUBED or CHIP STEAK		$1.79

RICHFOOD ALL FLAVORS DRINKS 5 for 95¢ 1-PT. 12-OZ. BOTS.

START YOUR COOK-OUT HERE!

KING'S REG. or OLD FASHION BREAD 1-lb. 4-OZ. LOAF 29¢

OUTDOOR EATING

CHECK THESE SAVINGS!

WISHBONE Blue Cheese DRESSING 8-OZ. BOT. 57¢

SNYDER'S Twin Pack POTATO Chips 8-OZ. PKG. 49¢

LIPTON ICE TEA MIX 1-LB. 8-OZ. JAR 99¢

WISHBONE Italian DRESSING 8-OZ. BOT. 43¢

CASTLEBERRY... HOT DOG CHILI 4 10-OZ. CANS $1

WHITE HOUSE APPLE SAUCE 5 1-LB. CANS $1

SHASTA... CANNED DRINKS REG. or DIET 10 12-OZ. CANS $1

RICHFOOD WHOLE KERNEL CORN 5 1-LB. 1-OZ. CANS $1

SAVE ON TIDE DETERGENT 3-lb. 1-oz. BOX 79¢

RICHFOOD PINEAPPLE-GRAPEFRUIT DRINK 1-QT. 14-OZ. CAN 4 FOR $1

RICHFOOD PURE & SMOOTH Mayonnaise QT. JAR 39¢ LIMIT 2 PER FAMILY

RICHFOOD or DOMINO SUGAR 5-lb. BAG 19¢ WITH THE PURCHASE OF 4 LIGHT BULBS at REG. PRICE

CAMPBELL'S PORK & BEANS 5 1-LB. CANS $1

RICHFOOD... PAPER TOWELS 3 162-ct. PKGS. 89¢

KING'S... HOT DOG or HAMBURGER BUNS PKG. OF 8 29¢

KING'S (BROWN 'N SERVE) ROLLS 3 PKGS. OF 12'S $1

RICHFOOD FACIAL TISSUE 4 200-CT. BOXES $1

GOLD MEDAL Black PEPPER 4-OZ. BOX 39¢

RICHFOOD... TEA BAGS... 100-CT. BOX 99¢

RICHFOOD... GRAPEFRUIT JUICE... 1-QT. 14-OZ. CAN 49¢ SWEETENED or UNSWEETENED